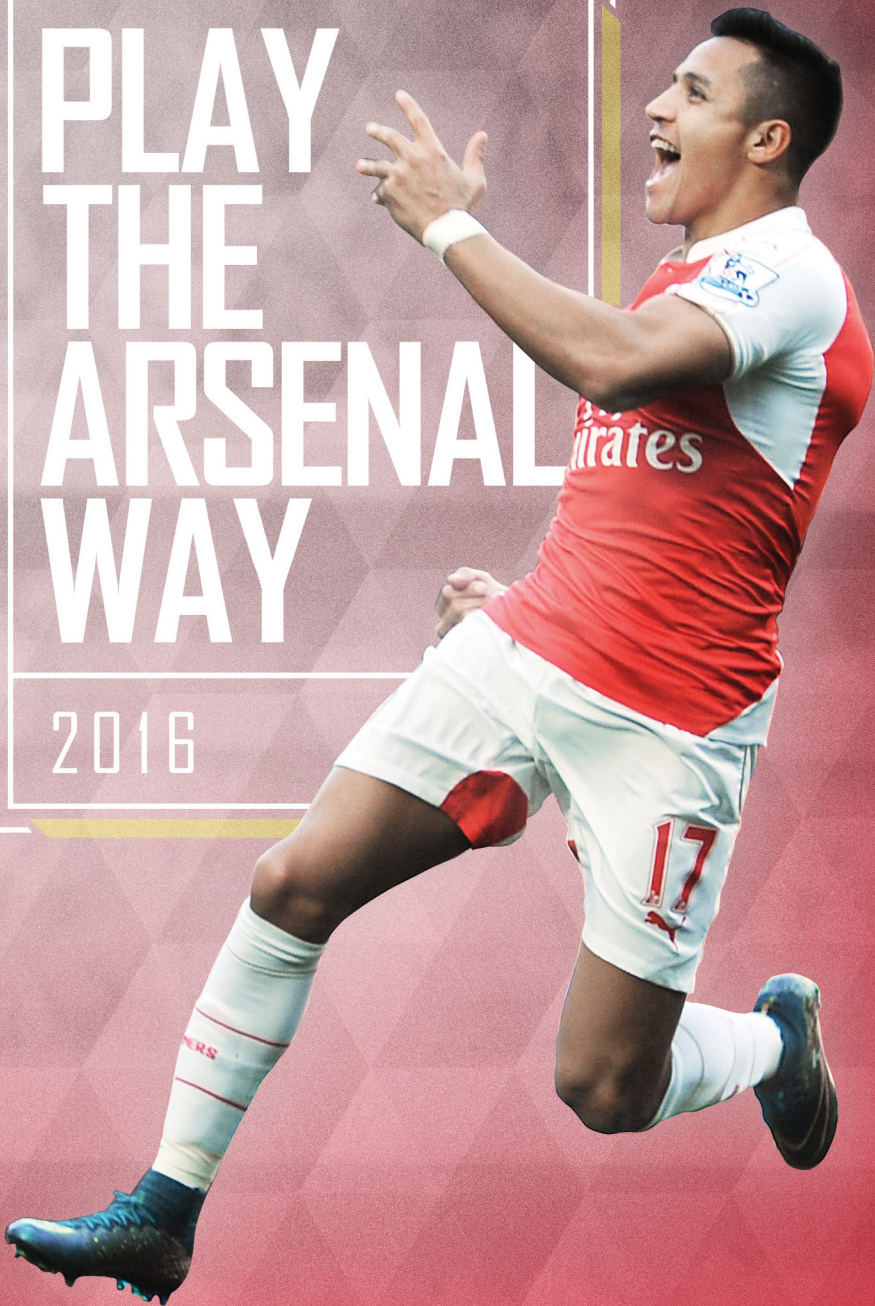


PLAY THE ARSENAL WAY

2016



**SOCCER
SCHOOLS** 

WWW.ARSENALSOCCERSCHOOLSUSA.COM



Here at Arsenal Football Club we pride ourselves on playing as a team to produce imaginative, entertaining, and skillful football. We take time to develop and nurture our younger players to ensure that they reach their full potential. By guiding players through our extensive training programmes, we have produced many world-class players over the years, something that we are very proud of.

Arsenal Soccer Schools have been operating for over 25 years around the UK and internationally. Our courses have been developed based on the same principles of developing young player skills, playing with imagination, pace, and pride.

Our soccer school courses welcome children of all abilities and it doesn't matter which team the children support, we just want everyone to have fun whilst learning to play football the Arsenal way!

ARSÈNE WENGER

PLAY
THE
ARSENAL
WAY





RESIDENTIAL CAMPS

TOTAL PLAYER CONCEPT | NEW JERSEY & CONNECTICUT



Arsenal Soccer Schools Residential Camps are open to boys and girls ages 10-15. We offer young players and keepers of all talent levels the opportunity to work with youth coaches from one of the elite English and European clubs. Players will learn the same drills and tactics that Arsenal's first team uses for the ultimate soccer experience.

Experience our revolutionary new approach to the development of players on our residential camps. In addition to on-field instruction a talented group of experts will lead daily workshops based on the latest findings from sports science to form the Total Player Concept

- GET INSIDE ACCESS TO ARSENAL FC TRAINING
- TRAIN WITH OFFICIAL ARSENAL COACHES
- LEARN THE PSYCHOLOGICAL ASPECT OF THE GAME
- LEARN THE NUTRITIONAL ASPECT
- FOCUS ON THE IMPORTANCE OF THE STUDENT ATHLETE
- LISTEN AND INTERACT WITH GUEST SPEAKERS

Arsenal Soccer Schools camp sessions consist of technical and tactical player development, nutritional advice to increase fitness levels and small sided matches in high intensity tournaments to improve passing, speed of movement, technique and game understanding.

Arsenal coaches spend an initial period assessing and evaluating player performance and players are then grouped by skill level and age to ensure maximum progress. Our aim is that all players leave camp with improved technical skills and greater knowledge of the game.



NEW FOR 2016 RESIDENTIAL CAMPS GOALKEEPER TRAINING

TOPICS COVERED

- READING THE GAME
- COMMUNICATION
- PLAYING ON AND OFF THE LINE
- FOOTWORK
- DEALING WITH THE BACK PASS
- DEALING WITH CROSSES
- PROPER DIVING TECHNIQUES
- 3 DIMENSIONAL ANGLE PLAY
- INITIATING THE ATTACK



RESIDENTIAL CAMP LOCATIONS

DATES

NEW JERSEY - PEDDIE SCHOOL

JULY 3-8

CONNECTICUT - AVON OLD FARMS SCHOOL

JULY 10-15

DAILY SCHEDULE

- 7:30AM** WAKE UP & BREAKFAST
- 8:45AM** DAILY MEETING & GROUP TALK
- 9:00AM** WARM UP, SKILLS TRAINING SESSION
- 10:30AM** TACTICAL & TECHNICAL TRAINING
- 12:30PM** LUNCH + REST
- 1:30PM** SCRIMMAGES, SMALL-SIDED MATCHES
- 3:00PM** RECOVERY
- 4:30PM** ARSENAL WORKSHOPS
- 5:30PM** DINNER
- 6:30PM** LIGHT KICK AROUND & SCRIMMAGES
- 7:30PM** TEAM BUILDING, FUN & GAMES
- 10:00PM** LIGHTS OUT

\$1399 Players receive **2** official camp uniforms, housing, meals, certificate, and Arsenal gift.



DAY CAMPS

FLORIDA, CALIFORNIA, NYC, NEW JERSEY,
CONNECTICUT, DC, MARYLAND

Our incredible day camps are for boys and girls ages 7-15 and take place at carefully selected state-of-the-art facilities. Take advantage of this unique opportunity this summer.



PLAY BETTER, LEARN MORE, & HAVE FUN DOING IT!

- Get inside access to Arsenal FC training
- Train with official Arsenal coaches
- Improve all aspects of your game
- Compete with other players your age

TRAIN LIKE CHAMPIONS

DAILY SCHEDULE

- 8:45AM** ARRIVAL
- 9:00AM** WARM UP & SKILLS SESSION
- 10:30AM** RECOVERY
- 11:00AM** TECHNICAL & TACTICAL TRAINING
- 12:30PM** LUNCH + REST
- 1:30PM** SCRIMMAGES, SMALL-SIDED MATCHES
- 3:00PM** DEPARTURE

\$699* Players receive an official camp uniform, certificate, and Arsenal gift.

*New York City Camps are priced at \$799



WEST COAST LOCATIONS

DATES

PALO ALTO, CA - MAYFIELD SPORTS COMPLEX
 LOS ANGELES, CA - GLENDALE SPORTS COMPLEX
 SAN DIEGO, CA - SAN DIEGO JEWISH ACADEMY

JUNE 13-17
 JUNE 20-24
 JUNE 27-JULY 1

EAST COAST LOCATIONS

DATES

BOCA RATON, FL - LYNN UNIVERSITY
 NYC - RANDALL'S ISLAND I
 NYC - RANDALL'S ISLAND II
 NYC - RANDALL'S ISLAND III
 HIGHTSTOWN, NJ - PEDDIE SCHOOL
 AVON, CT - AVON OLD FARMS SCHOOL
 WASHINGTON, DC - GEORGETOWN VISITATION
 BETHESDA, MD - NORWOOD SCHOOL

JUNE 6-10
 JUNE 13-17
 JUNE 20-24
 JUNE 27-JULY 1
 JULY 4-8
 JULY 11-15
 JULY 18-22
 JULY 25-29



REGISTER TODAY!



SOCCER SCHOOLS



WWW.ARSENALSOCCERSCHOOLSUSA.COM

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